

THE CHAKRA HEALING REPORT

for

Roger Moore

October 14, 1927

Calculated for 6:00 AM (Precise birth time not known)

London, England

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Your birth chart interpretation is based on the positions of the planets at the time of your birth. For the benefit of students of astrology, these positions, along with other technical information, are listed below:

Positions of Planets at Birth:

| | | | |
|---------|-------------------|-----------|-----------|
| Sun | 19 Lib 54 | Pluto | 17 Can 09 |
| Moon | 7 Gem 10 | True Node | 20 Gem 33 |
| Mercury | 14 Sco 02 | Asc. | 15 Lib 14 |
| Venus | 11 Vir 32 | MC | 19 Can 54 |
| Mars | 22 Lib 06 | 2nd cusp | 19 Sco 54 |
| Jupiter | 25 Pis 46 | 3rd cusp | 19 Sag 54 |
| Saturn | 4 Sag 38 | 5th cusp | 19 Aqu 54 |
| Uranus | 0 Ari 42 | 6th cusp | 19 Pis 54 |
| | Neptune 28 Leo 32 | | |

Tropical Solar Standard time observed

GMT: 06:00:00 Time Zone: 0 hours West
 Lat. and Long. of birth: 51 N 30 0 W 10

Aspects and orbs:

Conjunction: 7 Deg 00 Min
 Opposition : 5 Deg 00 Min
 Square : 5 Deg 00 Min
 Trine : 5 Deg 00 Min
 Sextile : 4 Deg 00 Min
 Quincunx : 4 Deg 00 Min

Dear Friend,

This report is about how you can heal your mind and body by being aware of the latent energies in your aura and making the best, most spiritual use of them. Your aura is a field of energy that permeates and surrounds your physical body. It has seven special energy centers within it called chakras. Chakras are vortexes of energy, and they are the places in your aura where divine consciousness can come in and manifest in your physical body, especially if you are receptive to it and use your willpower to allow it to enter.

Your aura also has three channels where the divine energy flows within your aura, and in yoga, these are called the ida, pingala and sushumna. The ida carries the life energy in the left side of your body. The pingala carries it in the right side of your body. The sushumna, which is the most important, carries it in the middle of your spiritual column.

The chakras are the places where the ida, pingala, and sushumna meet together. There is so much energy in these places that the energy whorls around as divine creative potential waiting as an ever-present resource to be manifested into physical form, so that we can bring healing life-force into our daily lives.

To draw upon this infinite source of energy, we can use meditation, prayer, or affirmations. In this way, we transcend our everyday consciousness and become receptive to the healing power within us. There are specific affirmations that can be used to direct the healing force to particular areas of the body. These are contained in Louise Hay's book "Heal Your Body". Often these affirmations are sufficient to address a particular condition, but sometimes a more specific focus is needed to get the energy to come through. That is because we may have subconscious blocks to allowing the affirmation to work, and these have to be identified and dissolved. The blocks may be present because we have grown up in a culture that asserts mind-body duality, rather than mind-body unity. There may also be blocks because of individual karma from the past or individual lack of recognition of future possibilities. This is where astrology comes in - to identify any blocks you may have and to give you guidance as to how to dissolve them, so that you can become one with the Source and fulfill your divine purpose.

Louise Hay's book also links the physical conditions and affirmations with particular vertebrae in the spine. This is helpful because the sushumna is located in the middle of your spinal column, and using the most specific affirmation possible should bring the healing light to the part that needs healing. However, if there is a blockage at the unconscious level, it will manifest on the physical level in the form of a blockage in the energy of the physical spine. The tension from this will be observable, as one or more bones in the spine will be out of alignment and there will be various symptoms in the surrounding muscles, organs, or other parts of the body. This report then, is designed to give you insight into the nature of any such blockages that you may be likely to have as an individual. The report also suggests ways of dissolving them and getting your own healing energy flowing. It will still depend on your own willpower whether you choose to use these new insights and how, in order to better your own health.

This report neither diagnoses nor prescribes, but works on the subtler level of the astral aura, as described by astrology, to understand and potentially re-direct the energies before they manifest on the physical level, so that you may be in tune with the higher, spiritual purpose for which the energies are intended rather than have them manifest as any lack of vitality or health.

This report is dedicated to my chiropractor, Dr. John Bjarnason of Toronto, who has greatly assisted me in combining my astral knowledge of my aura with its unblocked, physical manifestation, so that I have been able to enjoy better health

Best Wishes, Lorna Houston Copyright 2005

Chapter 1: The Sun

Sun in Libra:

As an individual, you are very concerned about harmony and balance, and the parts of your body to which your Sun sign corresponds are your kidneys. Your kidneys provide you with energy by separating out the waste products, which would interfere with energy, beauty, and harmony. For them to be able to do this, it is important that you keep a vision of harmony and beauty in your mind - a belief that you are lovable and worthy of the best. The Chakra which is near your kidneys in your Solar Plexus, which has to do with personal power and self-image, and if you work on these qualities, your kidneys will benefit. Know that it is desirable to love yourself, rather than just give in to a partner for the sake of harmony. If you love yourself, you will be bringing into the relationship the Source of all love and harmony.

Sun energy comes into your body through your Heart Chakra and your Heart Chakra is ruled by Venus, which in turn rules Libra and balance and love, so elevate yourself to the level of heart energy, Love from your heart and you will bring love into your life in return. The vertebrae in your spine will be healthier and aligned, because you will be "standing tall" for ideals of harmony and love.

Sun Conjunct Mars:

The Sun and Mars are co-rulers of your Solar Plexus Chakra, giving you very concentrated willpower and energy. Make sure that your ego-expression is in harmony with Divine Will, so that you will not attract negative karma by dominating others. Find constructive outlets for your dynamic energy.

Sun Square Pluto:

Here you are faced with the challenge of integrating the dynamic, creative willpower of your Solar Plexus with the intense, transformative, regenerative power of your Spleen Chakra. You are capable of meeting this challenge because you also have a very strong drive and resolve. Believe in your ability to bring new life and reform to others and to make the intense changes which need to be made.

Chapter 2: The Moon

Moon in Gemini:

You can maintain emotional happiness by communicating with others, especially in a way where you can reach out to them with your heart and find friendliness in return. Gemini rules your shoulders and arms and to keep them in good health, be sociable and active but don't spread yourself too thin. Gemini also rules inhalations and you need to be sure that you are breathing clean air to have healthy lungs. You are aware that talking about problems and listening to the opinions of others is a far superior way of generating solutions than letting emotions get in the way of rational thought, because the sign of Gemini elevates your awareness to your fifth Chakra - high above the Second Chakra plane of emotions.

Moon Square Venus:

It is a challenge for you to elevate your emotions to the higher level of compassionate love, but you have the determination to succeed. It is a matter of loving yourself and accepting yourself first, and then your higher compassion and caring will be free to flow. Focus on letting your kundalini rise from your Spleen Chakra to your Heart Chakra.

Moon Opposition Saturn:

You need to strike a balance between being emotional and being disciplined, so that your Spleen Chakra and your Root Chakra can both have adequate expression. Know that you can express your emotions without becoming irresponsible.

Chapter 3: Mercury

Mercury in Scorpio:

Mercury rules your Throat Chakra and brings the energy of the Source into your speech. Scorpio is very penetrating, and therefore your words are likely to go deep enough to reach the Source and allow you to utter words of truth. Use this ability for its positive purpose of helping others to regenerate their thoughts and opinions. If they put up resistance, they may be having to deal with an underlying block about which they are sensitive. Make sure that you remove your own blocks, so that your words will be accurate rather than just reflective of any resistance within you.

Mercury Sextile Venus:

You have a special talent for communicating with others through beautiful speech, poetry and song. You are socially very diplomatic and agreeable. This is because of the favorable aspect between your Throat Chakra (the communication link between your mind and body), and your Heart Chakra, which has to do with your ability to love and be loved.

Mercury Trine Pluto:

You have a special ability for using your mind to investigate intense subjects and to get to the bottom of things. Mercury rules your Throat Chakra and your ability to study, think rationally, and communicate. Pluto rules your Spleen Chakra, which pertains to your regenerative and reproductive ability.

Chapter 4: Venus

Venus in Virgo:

Venus rules your Heart Chakra and Virgo rules your pancreas and intestines, which, in turn, are in the area of your Solar Plexus Chakra. What you need to do is bring more love down to your Solar Plexus, so that you can increase your self-confidence, individual power, and ability to assert your will. This will make you a more revitalized, actively loving person, and your health and relationships will benefit as a result. You will bring more sweetness into your life by believing in yourself.

Chapter 5: Mars

Mars in Libra:

Mars rules your Solar Plexus Chakra and Libra is ruled by Venus, which rules the heart. You are able to take the inspiration of self confidence and vitality of your Solar Plexus and channel it to a higher plane of love and compassion. You would do this by first mastering how to give love to yourself, so as to have a high self-esteem. It would follow from this that you would then have respect and compassion for others, because you would recognize the best qualities of yourself mirrored in them.

Mars Quincunx Jupiter:

In the past you may have been discouraged from having the faith that the projects that you initiate would be successful, but now you have the chance to adapt yourself to new knowledge of how you can build self-confidence and think positively. Focus on increasing the flow of energy between your Solar Plexus and Third Eye.

Mars Square Pluto:

It is a challenge for you to master the very powerful energies that you possess, but you have the willpower to succeed and even to do greater good than most people would be able to. That is because of the very active connection of energy between your Solar Plexus and Spleen Chakra. Whenever you assert your ego, as ruled by Mars, it has a far-reaching, transformative effect, as ruled by Pluto. Make sure that your ego is in harmony with your higher self, so that the result will be intensely positive rather than intensely negative.

Chapter 6: Jupiter

Jupiter in Pisces:

Jupiter rules your Brain Chakra, which has to do with clairvoyant perception. The sign of Pisces also makes you a natural psychic. Take time away by yourself to let this great ability unfold. Engage in meditation and prayer, or be one with nature. Protect your awareness from the insensitive realities of the everyday world, so that you can elevate your surroundings to a higher plane of healing through your subtle, but very powerful, positive influence.

Jupiter Conjunct Uranus:

Jupiter rules your Third Eye and Uranus your Crown Chakra - your top two Chakras. Jupiter gives you clear perception and brings down positive inspiration from the Divine and Uranus elevates this awareness even higher, to the infinite number of new ideas from the Source. You are therefore on a very high plane of seeing and knowing. You want the very best for everyone.

Jupiter Quincunx Neptune:

You may have been held back in the past from exploring the mystical insights that you can access, but you can now adapt to the new opportunities available. Listen to the yogic teachers and spend time alone to receive subtler perceptions. Focus on harmonizing and activating your Throat Chakra and Third Eye.

Jupiter is Retrograde

Jupiter rules your Third Eye, and you may have unconsciously (or consciously) had experiences in your past where you were taught that you should not allow yourself to be psychic, because people who do that were somehow not accepted in the culture you were in. However, you know that you have natural ability in this area, which is healthy to develop and which can greatly benefit you. Know that what is holding you back in this area is just an illusion of a problem and not a real one. It is right for you to develop your inner seeing, and there is no genuine reason not to. You are now safe to know things and to grow.

Chapter 7: Saturn

Saturn in Sagittarius:

Saturn rules your Root Chakra, which is the source of your energy to actually manifest your goals on the physical plane. Sagittarius is the sign that most likes to set goals, like the archer aiming arrows. You have a vast ability to explore what you truly want, to decide on specific goals, and then carry them out. Rather than adhere to the dictates of the past, clear your subconscious mind of any strict religious influences that may be blocking your ability to set goals for yourself. You will then feel fulfilled because your goals will be genuinely spiritual, genuinely your own; you will be able to achieve them with great success.

Saturn Trine Uranus:

You have a very fortunate ability to combine practicality and discipline with the creativity and inventiveness of your higher mind. You are able to make practical use of new, original ideas and come up with solutions to everyday problems that no one else has ever thought of. You have an easy, positive flow of energy between your Root Chakra and your Crown Chakra.

Chapter 8: Uranus

Uranus in Aries:

Uranus rules your Crown Chakra, the source of your infinite potential for new ideas and knowledge. Aries is very physical, and you are capable of very fast physical actions inspired by your higher mind. You could use this ability for some type of dance or sport. Through such activities you could demonstrate the flexibility of the higher mind, in the actual, physical realm where others could see it, .

Uranus Quincunx Neptune:

You may have been held back in the past from opening up to your high, spiritual awareness, perhaps because of survival needs. However, now you can adapt to new opportunities and discover the infinite number of new ideas in your higher mind and your great capacity for compassion and caring. You can heal yourself and others in a very significant way. By encouraging a more vitalized flow of energy between your Throat Chakra and Crown Chakra, you can become closer to God.

Uranus is Retrograde

You may have learned when you were young that you had to conform, rather than enjoy your own freedom of thought. However, these restrictions were imposed by older people of a past generation and there is no reason now to be held back. You are now free to trust your Higher Self and be every bit as enlightened as you want to be. You do not have to go to great lengths to prove that you have your freedom, because you already have it, and the Universe approves of you. Your potential for new, original thoughts is infinite.

Chapter 9: Neptune

Neptune in Leo:

Neptune rules your Throat Chakra and has to do with your ability to listen on the subtler levels. Leo is a very dramatic sign, and you would be able to express what you perceive in a very inspired way. As long as you remember that your ability comes from the Source, you will be an effective spiritual channel.

Chapter 10: Pluto

Pluto in Cancer:

Pluto rules your Second Chakra in your lower abdomen, and pertains to your emotions and sexuality. Cancer is also an emotional sign. It is through the reproductive urge that children are created, and Cancer is the mothering energy that protects and nourishes the new life. You are very much in tune with the transformative changes that the child goes through inside the womb and as an infant, and you also value the miracle of creation itself.

Chapter 11: Chiron, and the North Node

Chiron in Taurus:

Chiron represents the link between your individual identity and the universal, as it is located between the inner and outer planets of the solar system. In your aura, it is related to the Heart Chakra, which is the link between your lower, physical chakras and your higher, mental ones. Taurus is ruled by Venus, which rules the Heart Chakra. You already have plenty of knowledge of the nature of love, and your first step is to awaken to how much you have already achieved. To move on to even higher realms, you can learn breathing exercises, which will spread the energy from your Heart Chakra through your body by oxygenating every cell. You would also be inhaling prana, the subtler life force, and this would energize your aura.

North Node in Gemini:

Just as the ida and pingala (the channels of life energy in the left and right sides of your auric body) meet at your chakras, the Moon's path crosses over the Sun's path at your lunar nodes. Your Gemini North Node gives you special insight into how your male and female polarities can work together for your future. You will now be free to communicate with other people. Your Sagittarius South Node shows that you have already mastered the lessons of contemplating alone to discover philosophical truths, freeing you to be more sociable from now on.

North Node in 9th house:

You are now happily finding more time to pursue higher studies and contemplate greater truths. You may have learned from your past that, if you spend all your time communicating with relatives, the bustle of activity does not give you time to grow spiritually. As you learn to become independent and seek your own values, your Third Eye opens. You may need to reach out to others more, outside of your own group or neighborhood in order for this to happen, even if it means giving up some emotional security to discover the new.